

Usoro ihe a ga na-emetu ma COVID-19 bia na mberede

Na Jenüwarị 14, 2021, California dezigharịrị usoro ihe a ga na-emetu ma COVID-19 bia na mberede iji mee ka ọ daba na ntuziaka ahụ ike ọhanaeze gbasara COVID-19 nke steeti weputara ọhụru

Akwukwo a na-achikota ihe a türü anya ugbu a banyere usoro ihe a ga na-emetu ma COVID-19 bia na mberede. Maka imatakwu maka usoro a, gaa na saferatwork.ca.gov.

A choro ka ndị na-ewe n'orụ:

Nwée ebe ha deturu Usoro Mgbochi COVID-19 (UMC) – atumatu onye na-ewe mmadu n'oru ibelata ma o bụ igbochi nkesa COVID-19 n'ulo oru

Ndị oru niile na ndị e nyere ikike ịnchite anya ha nwere ike igwa onye were ha n'oru ka o nye ha usoro mgbochi COVID-19 (UMC) ya; onye were ha n'oru ga-eweputa ya ozugbo ozugbo



Zuq ndị oru gbasara ihe odachi COVID-19 na-ebute na ihe ndị ha ga-eme iji gbochie ha n'ebe a na-arụ oru



Mee ka ikuku o bụla dị n'ezu nke nwere ike ịbata n'imé ụlo ebe a na-arụ oru bata



Ihicha uboro uboro elu ebe ndị mmadu na-emetu karị aka ma zuq ndị oru ịmata ụzo dị mma ha ga-eji were kemikal e ji ehicha ihe hichaa ihe nke na o nweghị onye o ga-emeru ahụ.



Nyochaa ndị oru ka a mara ma a ga-ahụta mgbaama e ji mara onye bu COVID-19



Workers' Vaccination Status



Ukpuru ihe a ga na-emetu ma COVID-19 bia na mberede nke e dezighariri nyere ndị na-ewe mmadu n'oru ohere iju ndị oru ha ma ha agbaala ogwu mgbochi. Ndị na-ewe mmadu n'oru nwere ike igwa onye oru ka o gosi ya akwukwo ogwu mgbochi ya ma o bụ jụo onye oru ka o kwuo ma o gbaala ogwu mgbochi ka ọ bụ na o gbabeghi

A na-ahụta mmadu dika onye gbazuru ogwu mgbochi ma o bụrụ na ụboghị iri na anō qq kemgbe ha natara:

- ♦ Ọnụ ogwu nke abụ ma o bụrụ na onye ahụ na-agba ogwu mgbochi COVID-19 a na-agba ugboro abụ
- ♦ Otu ọnụ ogwu mgbochi Covid-19

Ikpuichi Ihu



Mgbazu Ogwu Mgbochi

N'otụtu ebe a na-arụ oru, Cal/OSHA achoghi ka ndị oru gbazurula ogwu mgbochi kpuchie ihu ha. Ka o sila dị, ndị na-ewe mmadu n'oru nwere ike ịchọ ka a na-ekpuchi ihu ma o burugodunu na Cal/OSHA achoghi.



Agbazubeghi Ogwu Mgbochi

Cal/OSHA choro ka ndị oru na-agbazubeghi ogwu mgbochi kpuchie ihu ha ma ha n'orụ n'imé ụlo belusọ ma o bụ naanị ha n'orụ n'imé ụlo, na-eri nri ma o bụ na-ahụ ihe ọhụru, ma o bụ na-arụ oru a gaghi arunwu ma e kpuchie ihu

Onye isi Ụlo oru na-ahụ maka ahụ ike Ọhanaeze ma o bụ ngalaba ahụ ike ogbe nwere ike ịchọ ka ndị oru niile kpuchie ihu ha.



Maka imatakwu gbasara ihe steeti na-ekwu maka mkpuchi ihu, gaa na: cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx

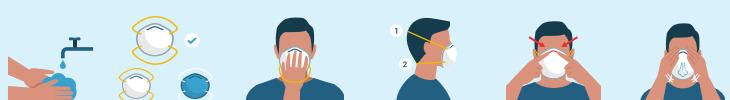
Ngwa mkpuchi imi (respiro)



Ngwa mkpuchi imi bụ ihe na-echekwa onye kpu ya ka ọ hara ikuru ihe ma o bụ irighiri mmirí na-emeru mmadu ahụ.

Usoro ihe a ga na-emetu ma COVID-19 bia na mberede nke e dezighariri nyere ndị oru na-agbazubeghi ogwu mgbochi ohere, n'obi ọma ha, ikpuru ngwa mkpuchi imi ma gwa onye were ha n'orụ ka o nye ha otu ma o bụrụ na ha na-arụ oru n'imé ụlo ma o bụ n'ugbo ala ihe karịrị otu mmadu n'orụ n'imé ya.

Ndị were mmadu n'orụ ga-eweputarịri ngwa mkpuchi imi ga-aba onye choro ya na-anaghị ego ọ bụla, ma gwakwa ha otu e si ekpu ya nke ọma.



Nchikwa ndị ọzọ e nwere n'ulọ ọru



- Achoghiyi mmadụ ịnọpụ iche na ihe mgbochi ndị ọzọ belusọ ma onye were mmadụ n'orụ o kpebiri na ha dì mkpa ma ọ bụ ọrịa ọzọ tasuru.
- Ndị were mmadụ n'orụ ga-enyocharịri ebe a na-arụ ọru kwa mgbe iji chọpụta ọnọdụ megidere ahụ ike, ihe ndị a na-eme n'orụ na usoro a na-agbaso dika o si metụta COVID-19 ma gbaa mbø ihụ na e debere iwu na usoro COVID-19 gbasara ebe ahụ a na-arụ ọru kpomkwem.
- Ndị were mmadụ n'orụ ga-atülerịri iwu dñu nakwa ntuziaka si na Steeti California nakwa ngalaba ahụ ike ogbe gbasara ọdachi COVID-19 na mgbochi.

Ndị butere Covid-19 n'ulọ ọru

Ọ bürü na e nwere otu onye ma ọ bụ karịa bu COVID-19 n'ulọ ọru, onye were ha n'orụ:

1+



Gwa ndị ọru no n'ulọ ọru otu oge ahụ onye bu COVID-19 no n'ulọ ọru.



Nyochaa ndị ọru bjaketere onye bu COVID-19 nso nakwa ndị a na-ele anya na ya bụ nje nwere ike ifesa – a ga-emerịri nke a na-anaghị ego n'oge ndị ọru na-arụ ọru e ji akwụ ha ụgwọ



Nyochaa ma dozie ihe ndị nwere ike ime ka e bute COVID-19



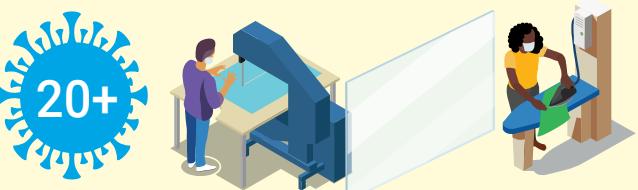
Kewapụ ndị ọru bjaketere onye ọru ibe ha butere COVID-19.

MÀRÁ: Ndị ọru gbazurula ogwụ mgbochi ma ha egosighị mgbaama COVID-19 ekwesighị ka ha nöpụ iche ma ọ bürü na ha na-ekpuchi ihu ha ma na-eji fiiti isii enye ndị ọzo ohere n'ulọ ọru. Ha ga-eme nke a ubochi iri na anō ma ọ bürü na ha bjaketere onye bu COVID-19

3+



Ọ bürü na e nwee mmadụ ato ma ọ bụ karịa bu COVID-19 n'ulọ ọru, ndị na-ewe n'orụ ga-elele mara ma mmadụ inye ibe ya ohere ma ọ bụ mgbochi ndị ọzọ ọ di mkpa n'ibelata nkesa COVID-19. Ndị ọru niile ga-ekpuchi ihu ha ma n'ime ụlo ma n'ezí ma ọ bürü na ọ gaghi ekwe omume mmadụ jí fiiti isii nye ibe ya ohere.



Mgbe mmadụ iri abuọ ma ọ bụ karịa bu COVID-19 n'ulọ ọru, a ga-enwe mgbochi nakwa mmadụ iji fiiti isii nye ibe ya ohere. Ndị na-ewe n'orụ ga-enyeriri ndị ọru niile ngwa mkpuchi imi n'agbanyeghi ma ha agbaala ogwụ mgbochi ka ọ bụ na ha agbabeghi. Ha agaghị eche ka ndị ọru gwa agwa.

Kedū ebe m ga-amatakwu maka ikitere m nwere gbasara ịru ọru n'ebe di mma na ebe na-agaghị enye ahụ ike m nsogbu?

Gaa na webṣaịtị Cal/OSHA: dir.ca.gov/covid/Stay-safe-at-work.html

- If you wish to report a violation of the ETS in your workplace, you may file a complaint with Cal/OSHA online or by telephone to the Cal/OSHA district office closest to your workplace: dir.ca.gov/dosh/Complaint.htm.
- Ọ bürü na i nwere ajuju gbasara ụgwọ ezumike ọrịa ma ọ bụ nchekwa n'aka mmegwara, kpotụrụ 833-LCO-INFO (833-526-4636).

Maka ngwa ndị ọzọ, gaa n'akara webṣaịtị UCLA LOSH site n'ipi ma ọ bụ sere koodu QR



Labor Occupational
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